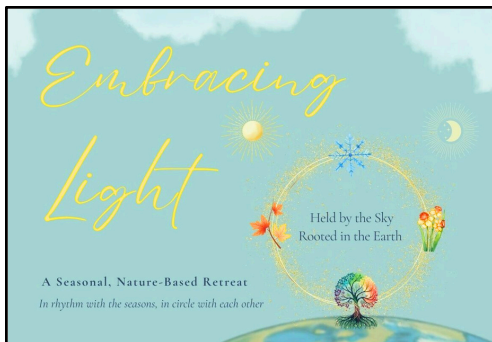


SPOTLIGHT ON GREYFRIARS



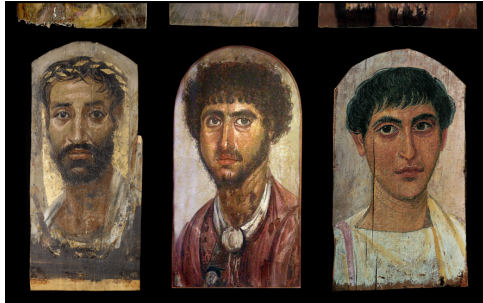
SPRING BOOK SALE MARCH 28

Greyfriars' famous Spring Book Sale & Craft Fayre returns on **Saturday 28 March 9-1pm** – and this year promises to be our most exciting yet! Join us from gam for a fantastic day filled with incredible bargains, delicious homemade treats, and thousands of brilliant books, puzzles and unique craft stalls to explore. Whether you're hunting for a hidden literary gem or the perfect handmade gift, there's something for everyone. As one of our biggest fundraisers of the year, every purchase helps Greyfriars continue to thrive at the heart of the community. Bring your friends, spread the word, and celebrate the start of spring with us.



EMBRACING LIGHT WITH MAJA

Embracing Light is a monthly gathering shaped by the rhythms of sun, moon, seasons and earth, offering a slow, grounded pause from everyday life; a space to reconnect with your body, breath, and inner world, within a small community that grows through regular practice. Sessions include gentle movement, breathwork, meditation, reflective writing, silence, and shared stories: working with what is present, allowing clarity, calm, and self-knowing to emerge naturally. This is deeper than a class, gentler than therapy & rooted in seasonal living & presence. Starting **Saturday 21 March, 10-30 - 13:30pm**. Email yolanda@lettingthelight.in to be on the mailing list.



NEW STUDY GROUP - ROMAN WORLD

The Study Groups return this April with a brand-new course from the ever-popular Nick Griffiths, beginning on **Friday 10 April 10-12pm**. This series will explore archaeology and monuments, as well as letters and documents, as Nick delves into the day-to-day lives of ordinary citizens across the Roman world. With a particular focus on the provinces—from Britain to Egypt and beyond—this promises to be a fascinating journey. Bookings are now open via Ticket Source or at the Centre, and the full course is just £70.

It is also fitting to share the sad news that Doris Hughes passed away last week. Doris was instrumental in bringing the WEA to Greyfriars, which later evolved into Greyfriars Study Groups and Courses. The literary, history and other teaching groups she, with her friend Ann Cole, helped establish have become a much-loved part of Greyfriars, bringing academic learning to the wider community. Thanks to the continued dedication of Valerie and Janet, this legacy lives on today.



WALKING TREASURE HUNT

Step into spring with a bit of adventure! Enter our Walking Treasure Hunt around the streets of Ringwood, solving clues set by our resident historian, Mary Baldwin, on **Sunday 12 April, starting from Greyfriars at 2pm**. Enjoy a fun afternoon of sleuthing before returning to Greyfriars for a well-earned cream tea. Tickets are available now from the Centre or via TicketSource: £8 for adults and £4 for children, including the cream tea. This is a Greyfriars fundraiser, so your support really does make a difference. Bring family, bring friends, and enjoy a cheerful spring outing filled with curiosity, community, and a delicious treat at the end!



EXERCISE TO INDEPENDENCE CLASSES

Exercise to Independence is celebrating 10 years of running classes at Greyfriars! We thought that Martina needed a special mention for all the hard work that she has put into keeping so many people healthy and strong over the years.

Martina says "The first class started in February 2016 with 5 people ... and some of those still exercise to this day! There are now 5 classes a week with three different levels of ability, and 80 people on the books, ages ranging from 35 to 96! Thank you to you all ... you amazing people have supported me through tough times, exercising with me on ZOOM, in Covid, and turning up each week, rain or shine. You are all champions and make my day each week! Thank you to all the Greyfriars staff and volunteers for their support, flexibility and kind words, always! Cheers to the next 10 years". For more details about Martina's twice weekly classes, tel: 07810876399 or info@physiotherapy-to-your-home.co.uk or visit www.physiotherapy-to-your-home.co.uk.



POP UP COMMUNITY CAFE

As a taster of great things to come, we have organised a pop-up Community Cafe for the week preceding our Book Sale & Craft Faye, **Monday 23-Saturday 28 March, daily from 9-1**. We will be introducing Eco Coffee, locally roasted just outside Ringwood and sourcing the finest speciality coffee from the best growing regions around the world. Responsibly Roasted uses 100% green, renewable energy. Although, due to logistics, we can't quite have a barista machine until we have our permanent build, we will be having a machine that really shows of the coffee that we will be using. With homemade cakes and pasties available each day, please do pop in and join us! We are so looking forward to this event!

WHAT'S ON

Please check with the club, class or activity organiser to see how and when they are operating.

MONDAY

FROM	TO		TEL.	LEADER
08:45	15:30	Pre-School	07852 342312	Fiona Tauber
09:15	11:30	Exercise to Independence 60+ (2 classes)	07810 876399	Martina Kaucka
09:20	10:20	Zumba	07730 462218	Claire Nightingale
09:45	10:45	Learn Spanish with Dan	07794197310	Dan Cox
10:00	12:00	Ringwood Lace Making	01725 517818	Audrey Johnson
10:00	12:00	Greyfriars Music Study Group	07798 502011	Audrey Walker
11:00	12:00	Learn Spanish with Dan	07794197310	Dan Cox
10:30	12:30	Ringwood Machine Knitting - 2nd	01425 472225	Maureen Gulliver
11:00	12:30	New Forest Disability - Drop in session	elizabeth@newforestdis.org.uk	
11:00	13:00	Ringwood Food Bank	info@ringwood.foodbank.org.uk	
12:45	14:00	Interbeing Yoga	01425 480839	Mari Dixon
13:00	17:00	GF Bridge Club	07455075993	Phil Tripp
14:00	16:00	Ping Pong	07550089967	Anne Melrose
13:45	16:30	Ringwood Afternoon WI - 4th	07772 256457	Jane Dalton
15:15	19:00	Little Dance Class	07745 654784	Gina Sexton
18:00	19:00	Judo - 5 to 8 year olds	07725711959	Coach-Didier Dimario
19:00	20:00	Judo - Juniors	07725711959	Coach-Didier Dimario
20:00	21:00	Judo - Seniors	07725711959	Coach-Didier Dimario
18:00	22:30	R.A.W	01202 256403	Graham Winter
18:00	21:30	Pilates (6:00, 7:15, 8:20)	07984 127117	Sandie Wills
19:00	22:00	Ringwood Chess Club	07788 792527	Martin Clancy
19:30	22:00	Ringwood Anglo-Italian Society - 1st	07519790404	Hazel Dinelli
19:30	22:00	R & F Footpath Society - 2nd	07709 180329	Bill Morley
19:00	22:00	Art Society - 3rd	Ringwoodartsocietyuk@gmail.com	

TUESDAY

FROM	TO		TEL.	LEADER
08:45	15:30	Pre-School	07852 342312	Fiona Tauber
08:30	12:00	Baby Sensory	07712 685532	Amber Bond
09:30	10:25	Adult Dance Class	07949 179282	Karen Jane
10:30	12:00	Jiggly Wrigglers	07898719200	Jeni Lyons
10:45	11:45	Zumba Gold - Low Intensity	07979 594144	Eva Jackson
11:00	12:00	Learn Spanish with Dan	07794197310	Dan Cox
11:45	12:40	Adult Dance Class	07949 179282	Karen Jane
13:45	14:45	Longwater Tai Chi	07792 979039	Gina Davenport
14:45	15:45	Longwater Tai Chi	07792 979039	Gina Davenport
14:00	16:30	Bridge School	07455075993	Philip Tripp
14:00	15:30	Back Strength/Suppleness-Yoga	07484 648866	Chris Folliard
16:15	18:20	Perform (ages 4-12)	02072559120	Kira Fairbairn
18:00	19:00	Dance Fitness	07515894708	Natalie Stradling
18:00	20:00	Rotary Club Meeting - 1st & 3rd	01425 475839	Chris Card
18:30	23:00	Ringwood Table Tennis Club	07770711137	Phil Smith
19:00	21:00	Ringwood Camera Club - 1st	07900 677791	Mike Richards
19:00	22:00	Fly Dressers Guild	07587 000223	Peter Wildash
19:00	23:00	PSV Circle - 3rd	01425 403434	Nick Cowdrey
19:30	21:30	Ringwood Scottish Country Dancing	01425654054	Romey Schofield
19:30	21:30	Philatelic Society 2nd	01425 470710	Gordon Masson

WEDNESDAY

FROM	TO		TEL.	LEADER
08:45	15:30	Pre-School	07852 342312	Fiona Tauber
09:00	13:00	Beginners Pilates	07984 127117	Sandie Wills
10:00	12:00	Knit & Natter	01425 470002	June Scammell
10:00	12:00	GF Spinners	01725 514468	Linda Window
10:30	12:30	Ringwood Food Bank	info@ringwood.foodbank.org.uk	
10:00	16:00	GF Weavers	01725 514468	Linda Window
12:00	13:00	Ringwood Luncheon Club	01425 478614	Dot Adams
13:30	15:00	GF Kurling	07823497191	Kat
14:00	16:00	Social Bridge Club	07763 784263	Clive Adams
14:00	16:00	Ringwood U3A Singers - 1st & 3rd	01425 472769	June Edwards
14:00	16:00	Play Reading	01425 476618	Russell Webb
16:30	18:30	Revolution Cheer Leaders Academy	07815 804888	Emma Preston
18:00	20:00	MKD Boxing	07505 427978	Elvis
18:00	20:30	Pilates (6:15, 8:30)	07984 127117	Sandie Wills
18:00	19:00	Judo - Juniors	07725711959	Coach-Didier Dimario
19:30	20:30	Ringwood Yoga	07754 704263	Sarah Irwin
20:00	21:00	Judo - Seniors	07725711959	Coach-Didier Dimario
19:00	21:00	Community Choir	01725 517807	Kirsteen Freer
19:30	22:00	Ringwood Antiques - 4th	01425 471348	Hazel Winch

DONATIONS PLEASE

GOOD QUALITY BOOKS AND JIG-SAWS ARE ALWAYS WELCOME

GREYFRIARS

BOOK SALE & CRAFT FAYRE

Saturday 28 March 9-1

Ringwood Antiques Club

Art & The Landscape with David Brindley

David is a former Dean of Portsmouth Cathedral. With a Masters degrees in Art History, Theology and Philosophy, David will share the wide range of his knowledge and experience.

Wednesday 25 March - 7pm for 7.30 start. Members free - Guests £10.00

We meet on the 4th Wednesday monthly at Greyfriars. New members are always welcome.

THURSDAY

FROM	TO		TEL.	LEADER
09:30	10:30	Little Kickers	07300 011360	Claire Osmond
08:45	15:30	Pre-School	07852 342312	Fiona Tauber
09:15	12:30	Exercise to Independence 60+ (3 classes)	07810 876399	Martina Kaucka
10:00	12:00	Bridge Class	01425 471060	Graham Woolf
10:00	12:00	Crochet	01425 471047	Ruth Slaughter
10:45	11:45	Learn Spanish with Dan	07794197310	Dan Cox
10:45	11:45	Zumba Gold	07979 594144	Eva Jackson
12:00	12:45	Chair Zumba	07979 594144	Eva Jackson
14:00	16:00	Painting for Pleasure	01725 517723	Catheriner Row
14:00	17:00	Ringwood U3A - 3rd	07864084885	Hazel Taylor
14:00	16:00	Christchurch U3A - Creative Writing	01425 476849	Dawn D'Arcy
14:00	16:00	R & F Club for the Blind - 2nd & 4th	01425 476568	Kate Henderson
14:00	16:00	Ringwood Garden Club - 1st (Sept-Apr)	01202 574875	Wendy Davies
14:00	16:00	Fun & Friendship (Mimi) - 1st	07803 583933	Mimi Parry
14:30	16:00	Jolly Good Company - 3rd	07852942002	Christine Ollington
18:00	22:00	Paws 4 Reward	07967 640533	Lisa Tonks
18:45	22:00	Bickerley Bridge Club	01425 476568	Kate Henderson
19:15	20:30	Men's Yoga	01425 480 839	Jon Dixon
19:30	22:00	Ringwood Garden Club - 3rd	01202 574875	Wendy Davies
19:30	22:00	Ringwood Society - 3rd	01425 476716	Jeff Wickens
19:30	22:00	Natural History Society - 2nd & 4th	01425 471362	John Gurney

FRIDAY

FROM	TO		TEL.	LEADER
08:45	09:35	Zumba Fitness	07730462218	Claire Nightingale
08:45	15:30	Pre-School	07852342312	Fiona Tauber
09:00	12:00	Friday Painters	07751834343	Christine Ingram
09:30	12:00	Ringwood Veteran's Hub	07759134781	Rosemary White
09:30	12:00	The Forestinas Concertina Band 1st & 3rd	robmaci1851@gmail.com	
11:00	14:30	Ringwood Food bank	info@ringwood.foodbank.org.uk	
12:00	14:00	Ringwood Islamic Group	01425 480427	Mr Ali
18:30	22:00	Greyfriars Bridge Club	07455 075993	Phil Tripp
18:30	22:30	Ringwood Table Tennis Club	07770711137	Phil Smith
19:30	22:00	Cercle Amical 2nd & 4th	01202397440	Penny Buckley
20:00	22:00	Burley & Ringwood Band	07786038080	Cliff Brock

SAT

FROM	TO		TEL.	LEADER
09:30	10:25	Adult Dance Class	07949 179282	Karen Jane
10:00	12:00	Ringwood Repair Cafe 2nd	01425 472613	Terri Goldsmith
10:00	16:00	Weavers, Spinners & Dyers 2nd	secretary@nfwsd.org.uk	Bex Hopkins
12:30	16:00	Bruno Groening Circle of Friends	074231 42412	Iva Prah

FROM	TO		TEL.	LEADER
10:30	12:00	Kings Church	07712 607610	Rob Hibbitt

Join us
for tea & coffee
at the Greyfriars
Community Pop-up Café

Enjoy barista-made coffee and a warm welcome while supporting our plans for a new Community Café 9 - 1 every day.

Monday 23 to Saturday 28 March

Greyfriars Study Group

PEOPLE IN THE ROMAN WORLD

Examining archaeology and monuments, as well as letters and documents, Nick Griffiths looks at the day to day lives of ordinary citizens across the Roman world.

With an emphasis on the provinces, from Britain to Egypt and beyond, this promises to be a fascinating journey.

7 WEEKS STARTING FRIDAY 10 APRIL 10 - 12 AM £70 FOR FULL COURSE

TICKETS AVAILABLE AT GREYFRIARS AND TICKETSOURCE

March 74 Club
Winning Numbers are;

74 Club

158
52
139
166
70
114

Looking to take up a new craft or just want to add to your stock?

Come along to our Craft De-stash and Re-stash

15 tables of bargains with something for everyone

Saturday March 14th
10am to 12.30pm in Ann Rose Hall, Greyfriars, Ringwood

A Seasonal, Nature-Based Retreat

Embracing Light

Held by the Sky
Rooted in the Earth



PERFORM - CHILDREN'S CLASS

Looking for a fun way to boost your child's confidence this term? Perform has launched new weekly drama, dance and singing classes in Ringwood and is offering every child a free trial. Sessions for ages 4-7 and 7-12 combine creativity, self-expression and teamwork, building communication and listening skills while working towards a magical end-of-term performance. This spring's productions are *Midnight in the Toyshop* (ages 4-7) and *Outlaw*, a thrilling retelling of Robin Hood (ages 7-12). Join us every **Tuesday at Greyfriars Community Centre. 4-7 yrs: 4.15-5.15pm | 7-12 yrs: 5.20-6.20pm.** Book your free trial at www.perform.org.uk/try



THE STRING QUARTET - NEW MUSIC APPRECIATION CLASSES

Join the ever popular and welcoming course at Greyfriars and discover the rich history and repertoire of this much-loved musical form. Across ten weekly classes, expert tutor Ian Lowes will guide participants from the quartet's classical beginnings through to contemporary works, offering insight, listening examples and lively discussion along the way. Sessions take place on **Mondays from 10:00am to 12:00pm, running from 13 April to 22 June 2026, excluding 25 May.** The full course fee is £90. Whether you are a seasoned enthusiast or simply curious, all are warmly invited to attend



HOPE

Could you be a befriender? Suzanne, Pauline & Georgina our befriending co-ordinators work tirelessly to match our volunteers to our clients and would love to meet some new volunteers. Across the New Forest there are many older people waiting for a befriender. Seeing someone like you for some company and conversation will make a big difference to their week. You can apply online www.hopenewforest.org/contact or email befriending@hopenewforest.org.

RINGWOOD U3A - MARCH

the u3a March speaker on the 16th at 2.00pm is local artist David Brindley, who will give a timely illustrated talk on the subject "How artists paint the Easter story". Artists referenced include Michaelangelo & Caravaggio. A treat for any art lovers. As always, visitors are very welcome.



PAUL MARTIN IS BACK!

We are really excited that Paul Martin is returning to us for a **free Valuation Day** followed by a Question and Answer session. Paul has kindly offered to help us raise funds for the Community Cafe by hosting a **Q&A session, with afternoon tea on Thursday 30 April at 2pm.** As usual if you would just like Paul to value your items, please just come anytime from **10:30-2pm.** However, if you would like to join in on the Q&A session with afternoon tea, tickets are available now at £8 in the centre or on TicketSource.



FANTASTIQUE FRENCH RETURNS

We are excited to announce the return to Greyfriars of Fantastique French Tuition. Run by experienced local teacher Tim Robins, FFT operated weekly French classes at the centre from 2014 to 2025. And now, after a break of little over a year, they are back with two new courses on Wednesday afternoons: **Beginners Plus Wed 2:45-3:45pm - STARTS 18th March. Improvers Wed 4:00-5:00pm - STARTS 15th April.** Classes are strictly limited to a maximum of 8 students, so for more information or to register your place, please visit fantastiquefrenchtuition.co.uk or call 07944 340563. **MERCI ET À BIENTÔT!**



ANN ROSE HALL REFURBISHMENT

Some of you may already have spotted that work has begun on refreshing the Ann Rose Hall. We've started with a major upgrade to the lighting: the old 300-watt fittings have now been replaced with modern 33-watt units, giving us a brighter space and a significant reduction in our energy use. Over the coming weeks, we'll also be installing new side lights, repainting the entire hall, and updating the curtains to give the room a fresh, welcoming look. In addition, after a small modification to the kitchen units, we'll be completing a safety upgrade with the installation of a new extraction fan above the cooker. We're excited to be investing in this well-loved space and look forward to sharing the finished results with you soon.

DATES FOR YOUR DIARY

Pop up cafe - March 23 - 28
EASTER CLOSURE
Fri, April 3 - Mon, 6 INC.

